Limestone
DISTRICT SCHOOL BOARD

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Discover Kindergarten in Limestone

PREPARING FOR KINDERGARTEN

Kindergarten & Early Learning in Limestone	The Limestone District School Board's Kindergarten & Early Learning page provides information on early learning programs, how to register, and tips to help children transition to school. It offers resources and tips for families. • Discover Kindergarten in Limestone
Kindergarten in Ontario	Information from the Ministry of Education regarding Ontario's Full Day Kindergarten Program.
Starting Kindergarten: Public Health Information	This 20-page document provides essential information and addresses common questions about starting kindergarten. Aussi disponible **en Français**. Additional helpful information from Southeast Public Health: • school-aged children page • parenting and child health
Bus Information for New Riders and their Families	The Tri-Board website provides important information for new bus riders and their families, including bus rules, safety tips, and how to sign up for bus status alerts. It also offers resources on snow day cancellations and a first-time rider program. • First or New Rider Information Booklet • Bus Safety Videos
Get Ready for Kindergarten	This website from Central PS outlines tips and information to help your child *'get ready for Kindergarten'*. It offers a milestone checklist and activities to help children develop key skills for Kindergarten.

Limestone District School Board is situated on the traditional territories of the Anishinaabe and Haudenosaunee.

SeeYourselfinLimestone.ca

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COMMUNITY RESOURCES

Kingston Frontenac Public Library	The Kingston Frontenac Public Library offers programs and resources for families and children. You can access books, educational activities, and events to support your child's learning and development. The library also has resources for early literacy and a variety of materials for young readers.
The Occupational Therapy Classroom (KidsInclusive)	The OT Classroom website from KidsInclusive provides resources to support children's development, including fine motor skills, sensory regulation, and self-care. It offers activities and tools for families to assist with tasks like writing, dressing, and emotional management.
Kingston Community Health Centres (KCHC)	Kingston Community Health Centres (KCHC) provides services to support families, including health programs for children and resources for early childhood development. They offer programs designed to help families navigate health challenges and foster well-being.
Kingston Military Family Resource Centre (KMFRC)	The Military Family Resource Centre (MFRC) in Kingston offers support to military families, providing resources for child care, family care, and transition services. They offer specialized programs for children, including those related to relocation and adjusting to military life. The MFRC also supports families during deployment and reintegration.
Maltby Centre	Maltby Centre offers mental health and autism services for children and youth, including individualized care, workshops, and resources for families. They provide support for children with mental health challenges, autism, and developmental needs.
Early Expressions Preschool Speech and Language (KidsInclusive)	The Early Expressions Preschool Speech and Language program provides services for **children from birth until school age**, focusing on speech and language development. Parents or caregivers can make referrals if they have concerns, and the program offers support, resources, and guidance on helping children improve their communication skills.

"I can succeed *and* I belong."

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Updated March 2025