

École J.R. Henderson P.S.

Thursday December 7, 2017

Principal's Message

Dear Parents & Guardians,

Although the month of December includes only 3 school weeks, we do manage to include a number of seasonal activities, on top of our regular learning tasks! Things start off on a musical note with our Jingle Bells walk, which took place last Friday afternoon. As always, the generosity of our school community is impressive, as we collected over 30 boxes of non-perishable food items for the local food bank! Thank you to Mme Goddard and her class who spearheaded this healthy event.

A very big thank you as well to Ms. Hoover and her team of elves who organized the poinsettia sale, which is our school's major fundraising event of the year. The funds raised through this seasonal sale help support various student activities throughout the school year. We thank you for your support!

A few other noteworthy events taking place during the coming weeks include:

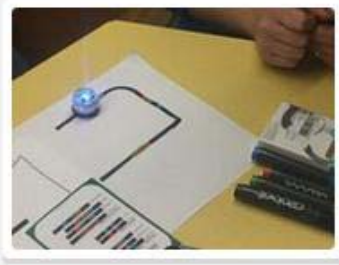
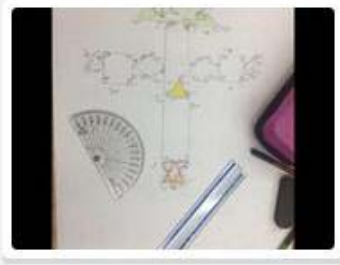
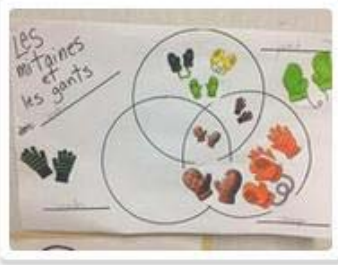
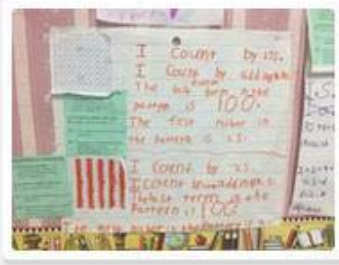
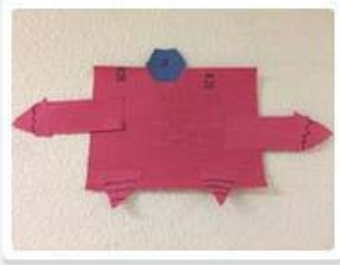
- The Primary initiative, "In from the Cold". Students are asked to bring in a warm pair of adult-size socks to decorate the tree in the front foyer. All socks will be then be donated to a local homeless shelter.
- The other tradition at Henderson is to support the Salvation Army's Holiday Hampers Initiative. Once again, each classroom will work together to create a Holiday Hamper. Students will be asked to bring in a non-perishable contribution as well as a Toonie to cover the cost of purchasing a turkey. Through our combined efforts, our school helps to support 27 families in our local community.
- And finally, a variety of Holiday activities, including decorating classroom doors, are scheduled to take place during the week of December 18th. Please see below for additional details.

On behalf of the entire school staff, we wish all Henderson families a peaceful and joyful holiday season. We are looking forward to seeing everyone in the new year!

Ms. Prenevost
Principal



This is What Math Looks Like!



Helpful Math Links for Home

- [Mathies Home Support K-6](#)
- [Math Homework Help for Grades 7-10](#)
- [Mathies Games K-12](#)

Volleyball Updates

This week marks the end of the volleyball season with the boys' team, coached by M. Eardley and Mr. Hearn, participating in the LESAA tournament (this past Monday). Although the team lost in the semi-finals, the players showed good sportsmanship and skill development throughout the season. Hats off to: Riley H., Max P., Doug K., Jacob F., Quinn F., Joseph H., Sam C., Mohamed E., Carson B., Shane B., Grant D., Joshua M. and Josh W. for all your hard work!



As for the girls' team, led by M. Jacques, they are participating in the LESAA tournament held today (Thursday) at LaSalle Secondary School...Results are still pending but we know, no matter the final result, that the girls' dedication to improving their skills and teamwork is noticeable!! Way to go: Annie M., Jessica D., Anna D., Cameron S., Jaden H., Nadia P., Delillah E., Mackenzie C., Allyson P., Kayla S., Makena J., and Ceilidh B.!



Holiday Sing Along

On Thursday December 21st, Mrs. Lampropoulos-Morton and Mrs. Panter will be helping our students get into the holiday spirit by leading our yearly seasonal sing-a-long. Both the Primary students and the Junior/Intermediate students will have the opportunity to participate in this fun activity!



Holiday Spirit Days

Thank you to Ms. Gibson and her Grade 7/8 leaders for organizing a week long spirit event, from December 18 to the 22nd. Get ready to show some school pride by participating in all of Spirit Days! (See "What's Happening" below for more details.)



Holiday Hop and Dance

Another fun activity on Friday December 22nd organized by our student leadership team. Grade K-4 students will have a chance to "Hop with the Hawk" in the morning, while Grades 5-8 students will get active in the afternoon during the Holiday dance.

Lost But Not Found...Yet!

During the last week of December, we will have on display the collection of t-shirts, sweaters, coats, and hats & mitts from our "Lost & Found" bins. Students will have an opportunity to check out the collection and retrieve any of their belongings. Parents are also encourage to stop by to look through the items. *Please note that items left behind at the end of the month will be donated to a local charity.*



And to help make things easier, you may want to consider purchasing "[Mabels' Labels](#)" which can be used to easily identify your child's clothing. By selecting "support a fundraiser/James R. Henderson Public School" on the website, your purchase will also help support J.R.Henderson's School Council.

Upcoming Events

Thursday, December 7 - Day 4

- Girls' Volleyball Tournament @ LaSalle Secondary School
- **School Council Meeting @ 6:45 (Free babysitting!)**

Friday, December 8 - Day 5

- Grade 3 & 4 FI students to French presentation @ L'Octave

Wednesday, December 13 - Day 3

- M. Landis' class to Jung Do @ 9:30
- Mme Sedore's class to Jung Do @ 11:30
- Ms. Boriotis & Ms Beckett's class to the Nutcracker in PM

Thursday, December 14 - Day 4

- Mme MacKay's class to Jung Do @ 11:30

Friday, December 15 - Day 5

- Mme Oleschuk's class to Jung Do @ 9:15
- Mme Kimmerle's class to Jung Do @ 11:30



- Write Kimmie's class to Jung @ 11:30

Monday, December 18 - Day 1

- Silly Socks Day - wear fun socks, pull 'em up over your pants to show 'em off!

Tuesday, December 19 - Day 2

- Jersey Day - wear your favourite team's jersey!
- Gr.6-8 Holiday Luncheon

Wednesday, December 20 - Day 3

- Pajama Day - wear your pajamas to school & be comfy all day!

Thursday, December 21 - Day 4

- Holiday Sing Along in gym
- Hat Day - winter, summer, spring, or fall...wear your favourite hat all day today!

Friday, December 22, 2017 - Day 5

- Holidays Hop and Dance
- Red, Green and White Day - celebrate the season by wearing some Holiday Colours!

Monday January 8, 2018 - Day 1

- Welcome Back!

For the Safety of ALL our Students...

Henderson Staff members work carefully on all occasions to ensure the safety of our students. Under the **LDSB Safe Schools Act**, we are required to have a controlled access policy within the school building. This involves having the following procedures in place:

1. **All visitors (parents, volunteers, service people, health care providers, etc.) must report at the main office and sign the visitor book** so that appropriate staff can be informed. Please do not use another door to enter the school as these should remain locked at all times during school hours.
2. Parents/Guardians who need to pick up their child(ren) for an appointment, etc during school hours are asked to wait in the main foyer. The office staff will have your child come to the office to meet you there.
3. Parents/Guardians who drop off their child(ren) during school hours are also asked to sign their child(ren) in and remain in the main foyer area while their child(ren) joins their class.
4. All visitors/volunteers who are working within the classrooms will be given a badge to wear signifying that they have reported to the office.
5. Parents and students are also reminded that, starting at 8:55, they are to use the sidewalks on either side of the school to gain entrance to the appropriate outdoor yard, rather than use the front entrance.
6. And finally, at dismissal time, unless it is raining, we ask that all parents/guardians please meet their child on the yard at their designated area:
 - Kindergarten students are dismissed at the front of the building, at the Kindergarten entrance;
 - Primary students are dismissed to the Primary Yard; and,
 - Junior students go out to the Junior Yard, at the back of the school.

Henderson's Driving & Parking Guide

At Henderson, student safety is always a priority! To ensure a safe arrival, parents/guardians are reminded that there is **no parking allowed directly in front of the school** in the morning. Instead, you will find a STUDENT DROP OFF zone. Please use this area to make a stop, of no more than 3 minutes, to let your child safely out of the car and then continue on your way. As well, given our large staff, the parking lot is reserved for staff use between 8:30 and 4:00 pm. *Thank you for your cooperation!*

We truly appreciate your cooperation in ensuring a safe learning environment for *all* of our students!

Learning Through Artistic Expression



All young children need to take part in forms of artistic expression. So-called "innate talent" is not required!

Young children are curious and playful. They love to explore their world through creative activities like play-acting, dancing, music and painting.

- Play-acting helps children gain the language skills needed for self-expression and learning to read and write.
- Dance, music and painting can give children a sense of identity, cultural pride and self-esteem.
- Painting and building things helps children develop mathematical and logical thinking skills.

Through the arts, children:

- learn the value of making an effort to achieve success
- are motivated to learn in other areas
- develop higher level thinking skills like
 - creativity
 - problem solving
 - critical thinking

Books: *This is Not a Box* - Antoinette Portis

Dreaming Up - Christie Hale

Ontario Early Literacy Specialists



OOGA BOOGA! 14 strong years & growing

We invite you to the Fourteenth Annual
Charity Breakfast in support of
**The Zal and Rose
School Breakfast Fund**

A Fund of the COMMUNITY FOUNDATION for KINGSTON & AREA

All Proceeds to Benefit the Food Sharing Project in Kingston and Area
which provided Breakfast, Lunch and Healthy Snacks to
14,947 children in the 2016-17 school year
Over the past 14 years we have provided a total of
815 000 healthy & nutritious snacks and meals!



RESTAURANT

Tuesday December 12th
7a.m. to 9a.m.



Bakery~Restaurant~Take out

Wednesday December 13th
7a.m. to 9 a.m.

Reserve your Spot for Breakfast Today!

(Can't Make Breakfast? Donations Greatly Appreciated!)



Community Foundation
for Kingston & Area

Donations will be received & Charitable Receipts Issued by
the COMMUNITY FOUNDATION for KINGSTON & AREA

416.262.9898 foundations@cfka.on.ca www.cfka.on.ca

Choose Water



Make it easy
for kids to choose water instead of sugary drinks!

kflaph.ca/ChooseWater
#ChooseWaterKFLA



2017-07-14



How do sugary drinks impact a child's health?

Sugary drinks make up the largest amount of sugar in childrens' diets. Consuming too many sugary drinks can lead to cavities, heart disease, stroke, diabetes, and some cancers.

How much should I limit sugary drinks to?

Less is best. Drink water and plain milk most of the time, and only offer sugary drinks occasionally.



Keep sugary drinks out of the home most of the time.

Keep the fridge stocked with a pitcher of cold water and plain milk.



Together, let's make water the drink of choice, and reduce sugary drinks at sports, events, and celebrations.



Parents can be positive role models by drinking water. When we make healthy choices, our friends and family are more likely to make healthy choices too!

Pack a reusable water bottle in your child's lunch bag.

Carry a reusable water bottle throughout the day, and refill it as you go.






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